



Tucson as a Healthy Lifestyle Resort Destination

Presented by the ULI Southern Arizona Young Leaders Group



Tuesday, April 24, 2012

4 – 5:30 p.m. Presentation and Tour

Please meet in the Miraval Resort and Spa Lobby
5000 East Vía Estancia Miraval, Tucson, AZ 85739

Free to ULI members and \$15 for non-members

Register online at www.arizona.uli.org or call (800) 321-5011

Limited to the first 20 people to register

ULI Meeting Code: 8127-1218

Thank you to our sponsor:

 **MIRAVAL**
arizona

Learn how this unique Tucson destination has thrived during a down economy and tour their new Life in Balance Spa opening in May 2012.

Miraval is a top-rated all-inclusive destination retreat - a resort, an award-winning spa, and a great getaway. Situated in the warm shade of Santa Catalina Mountains in northern Tucson, Arizona on 400 acres of idyllic land, Miraval is a place dedicated to opening eyes, minds, and hearts. For 16 years, Miraval has built its programming around the concept of Life in Balance™.

“Miraval is a special place, which has special meaning to everyone who visits. Our new spa will meet that high standard, and provide another way in which guests can restore balance in their lives and bring mindfulness into everything that they do,” says Steve Case, owner of Miraval.

Upcoming Events:

May 8-10, 2012
ULI National Spring Meeting
Charlotte, NC
www.ulispring.org

May 16, 2012
Rental Housing in the New Economy
2:30 p.m. Registration
3:00–5:00 p.m. Program
5:00–6:00 p.m. Reception



A talented veteran of luxury hospitality, [Michael Tompkins](#) became General Manager of Miraval Arizona in 2007. In addition to his role as General Manager he is President of Miraval Resorts. Prior to Miraval, Tompkins most recently was Vice President of Hotel and Spa Operations at Turning Stone Resort and Casino in New York. He previously was the Health and Healing Director at Canyon Ranch in the Berkshires and later became the Associate Managing Director. In his current position as General Manager his work is multifold, from the oversight of all general resort operations to the creation of Miraval programs.